

Title	Description	Author	Source	Page #
1 day vows	Four primary: refraining from sexual activity (adultery is most serious); refraining from stealing; refraining from killing human or human fetus; refraining from lying; secondary: refraining from using or enjoying big comforts; refraining from using intoxicants; refraining from dancing, singing, playing music, wearing flower garlands, perfumes, jewelry, cosmetics; refraining from eating after noon time.	GMR	ACI IX Class 4 Student Notes	10
1 non-virtue brought to completion by ignorance of things	Mistaken views	GGD	ACI V Reading 7	135
1 ultimate antidote	Understanding emptiness	GMR	ACI X Class 5 Student Notes	10